

Labor report recap

March 2026

Total nonfarm payroll employment increased by 178,000 in March, and the unemployment rate changed little at 4.3 percent, according to the [U.S. Bureau of Labor Statistics](#). Job gains occurred in healthcare while Federal government employment continued to decline.

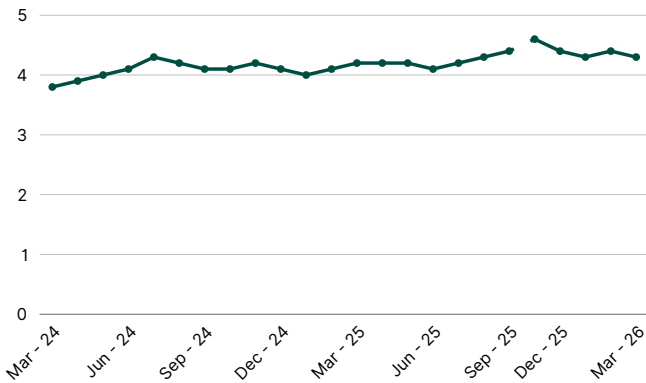
Unemployment

4.3%

U.S. job growth

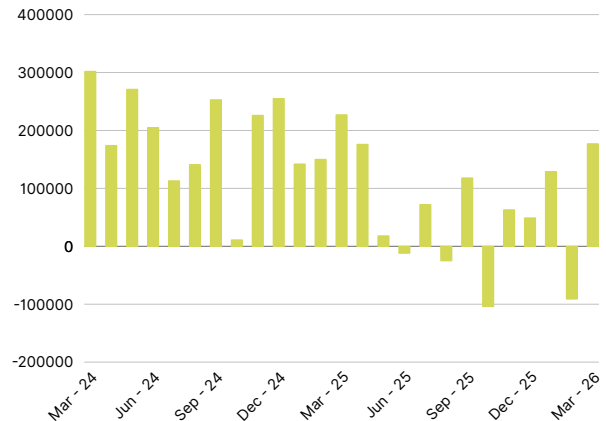
+178,000

Unemployment rate trend
March 2024 - March 2026



Note: Data for October 2025 were not collected due to the federal government shutdown.

Payroll change (month-over-month)
March 2024 - March 2026



Employment change by industry

Healthcare

+76.4K

Government

-8K

Leisure & Hospitality

+44K

Professional & Business Services

+2K

Source: U.S. Bureau of Labor Statistics

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