

Labor report recap

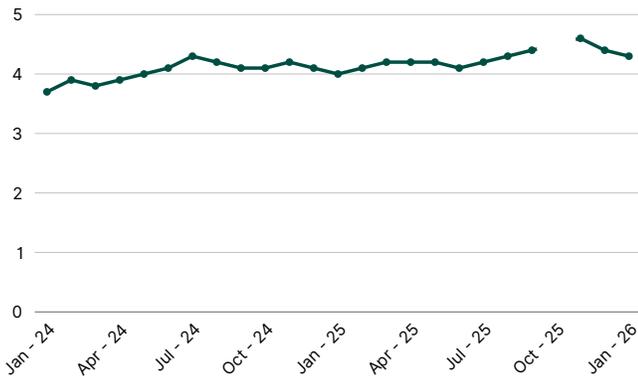
January 2026

Total nonfarm payroll employment rose by 130,000 in January, and the unemployment rate changed little at 4.3 percent, the [U.S. Bureau of Labor Statistics](#) reported today. Job gains occurred in healthcare, while federal government lost jobs.

Unemployment
4.3%

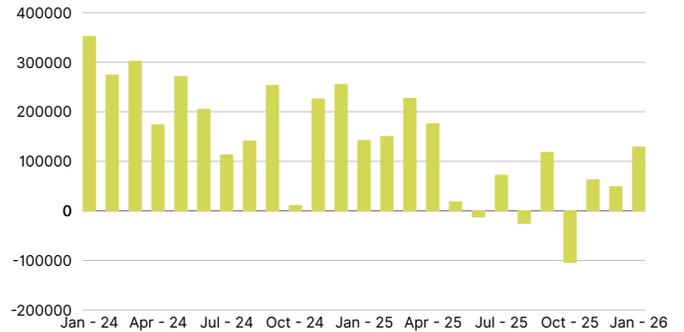
U.S. job growth
+130,000

Unemployment rate trend
January 2024 - January 2026



Note: Data for October 2025 were not collected due to the federal government shutdown.

Payroll change (month-over-month)
January 2024 - January 2026



Employment change by industry

Healthcare

+82K

Government

-42K

Leisure & Hospitality

+1K

Professional & Business Services

+34K

Source: U.S. Bureau of Labor Statistics

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